

The Caregiver Club®



2025 IMPACT REPORT

*This year's journey at The Caregiver
Club®.*

Executive Message



Dear Friends,

As we reflect on the past year, we are filled with gratitude. What began as a deeply personal experience has grown into a community of caregivers, partners, and advocates united by compassion and understanding.

This year, we witnessed meaningful connections, shared experiences, and countless reminders of why supporting caregivers matters. These moments continue to inspire us and reinforce our commitment to creating a world where caregivers feel seen and supported.

Thank you to our donors, volunteers, partners, and caregivers for making this work possible. Your generosity and belief in our mission allow us to continue growing and enable us to reach more families affected by dementia.

We are honored to be on this journey with you and look forward to all that we will continue to accomplish together.

With gratitude,
Alicia Christopher &
Jodie Finney, PT, DPT, CGCP
Co-Founders of The Caregiver Club®

Alicia B Christopher Jodie Finney

About The Caregiver Club®

The Caregiver Club® is a St. Louis-based 501(c)(3) nonprofit dedicated to improving the lives of individuals living with Alzheimer's and other forms of dementia by supporting their caregivers. Our organization provides free programs, resources, respite opportunities, caregiver support products, and community-centered experiences to help reduce isolation and strengthen caregiver well-being.

The Need

It is estimated that more than 11 million Americans provide unpaid care for a loved one living with Alzheimer's disease or another form of dementia. In total, these caregivers contribute an estimated 18.4 billion hours of care each year; this work is valued at approximately \$347 billion. Caregivers devote all these hours to supporting their loved ones and often put their own needs aside in the process.

The demands of caregiving can take a significant toll on their mental, emotional, and physical well-being. Research shows that caregivers frequently experience social isolation, reduced personal time, feeling overwhelmed, and difficulty balancing their own needs with caregiving responsibilities. Forty percent of dementia caregivers report symptoms of depression, and nearly three-quarters express concern about maintaining their own mental health. Many are also part of the "sandwich generation," caring for both aging parents and children at the same time.

Despite these challenges, caregivers remain the backbone of dementia care. Their dedication allows loved ones living with memory loss to remain connected, safe, and supported. Yet too often, caregivers themselves go unseen.



11M

of Unpaid
Caregivers



18.4B

Hours of
Unpaid Care



\$347B

Estimated Value
of Work



66%

Percentage of
Women

We started The Caregiver Club® to fill this gap. By providing the tools and support caregivers need, we show them that they need care too.

Overview



Our Vision

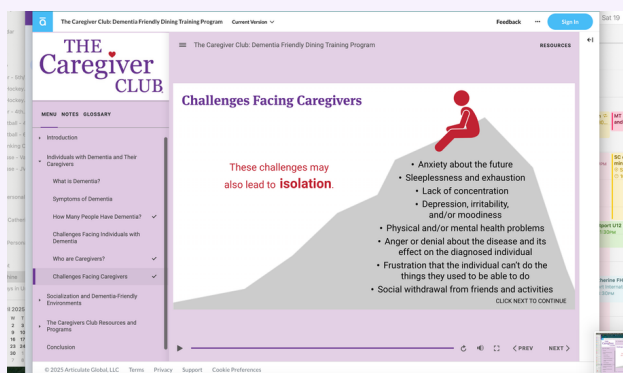
Our mission is simple – ***help the dementia caregiver!*** The Caregiver Club® was born from Jodie and Alicia's personal experiences navigating Alzheimer's disease and other forms of dementia within their own families. Through their own journeys, they discovered that while individuals living with dementia need support, caregivers need support too. They envision a world where caregivers feel valued and empowered with the resources, community, and encouragement they need to thrive.



Our Programs

Caregiver Cards

Caregiver Cards help caregivers quickly communicate a dementia diagnosis in public settings to promote understanding, patience, and support.



Dementia-Friendly Dining

We partner with restaurants in providing FREE training and promoting dementia-friendly practices that create welcoming dining experiences for guests with memory loss.

Caregiver Respite Initiative

This initiative honors dementia caregivers through respite funding and resources that help restore their own mental, emotional, and financial well-being.



Caregiver-Companion Outings

These free events bring caregivers and their companions together to reduce isolation and create meaningful connection in a supportive environment.

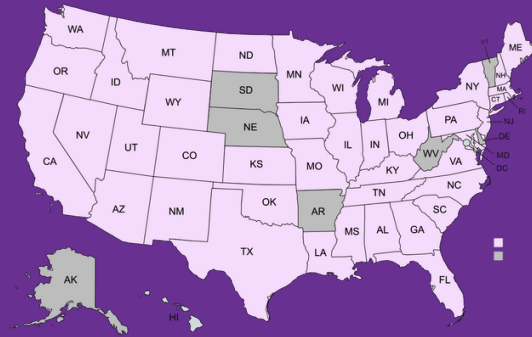
4 Year Impact at a Glance

Caregiver Cards

42

States We've Sent Our Cards to Across the USA

Alabama, Arizona, California, Colorado, Connecticut, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, Wisconsin, Wyoming



These FREE cards are also available at 6 different local stores in St. Louis.

Caregiver Respite Initiative

3 grant cycles a year: January 31st, May 31st, and September 30th.

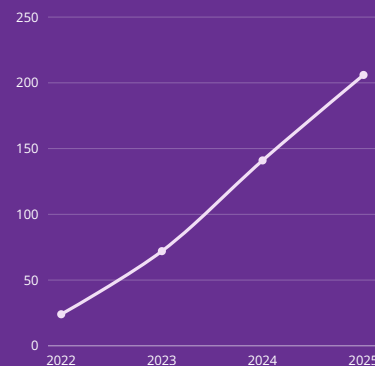
\$170,000+

Total Amount of \$ Sent

200+

Caregivers Served Nationwide

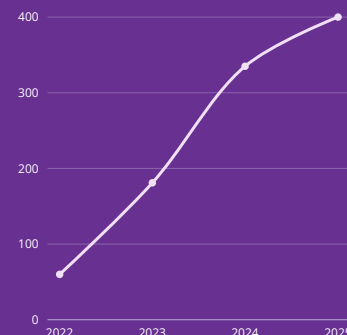
States Our Caregivers Who Have Received Support Are From: Alabama, Arizona, California, Colorado, Florida, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Mississippi, Missouri, Montana, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Pennsylvania, South Carolina, Tennessee, Texas, Virginia, Wisconsin, Wyoming



Total Number of Caregivers Who Have Received Respite Support

Caregiver-Companion Outings

400 caregivers and companions have benefitted from our outings since we started in 2022 which is a **567% increase!**



Total Number of Caregivers and Companions Who Have Been Served Through our Programs

Dementia-Friendly Dining

3

Restaurant Partnerships in the St. Louis Metro Area

With sincere gratitude to the William R. Orthwein Jr. and Laura Rand Orthwein Foundation, Inc. Their generous funding made it possible to launch this FREE restaurant training service in 2025.

Financial Overview

We are committed to responsible stewardship of every dollar entrusted to us. Thanks to the generosity of donors, sponsors, grantmakers, and community partners, we continue to invest in programs that directly support caregivers while building a sustainable foundation for future growth!

2025 Program Investment

Caregiver Cards	\$1,134
Caregiver/Companion Outings	\$17,389
Caregiver Respite Initiative	\$58,177
Dementia-Friendly Dining	\$1,818
Other Program Support	\$31,562
TOTAL INVESTMENT	\$110,080

Total Expenses

\$150,798

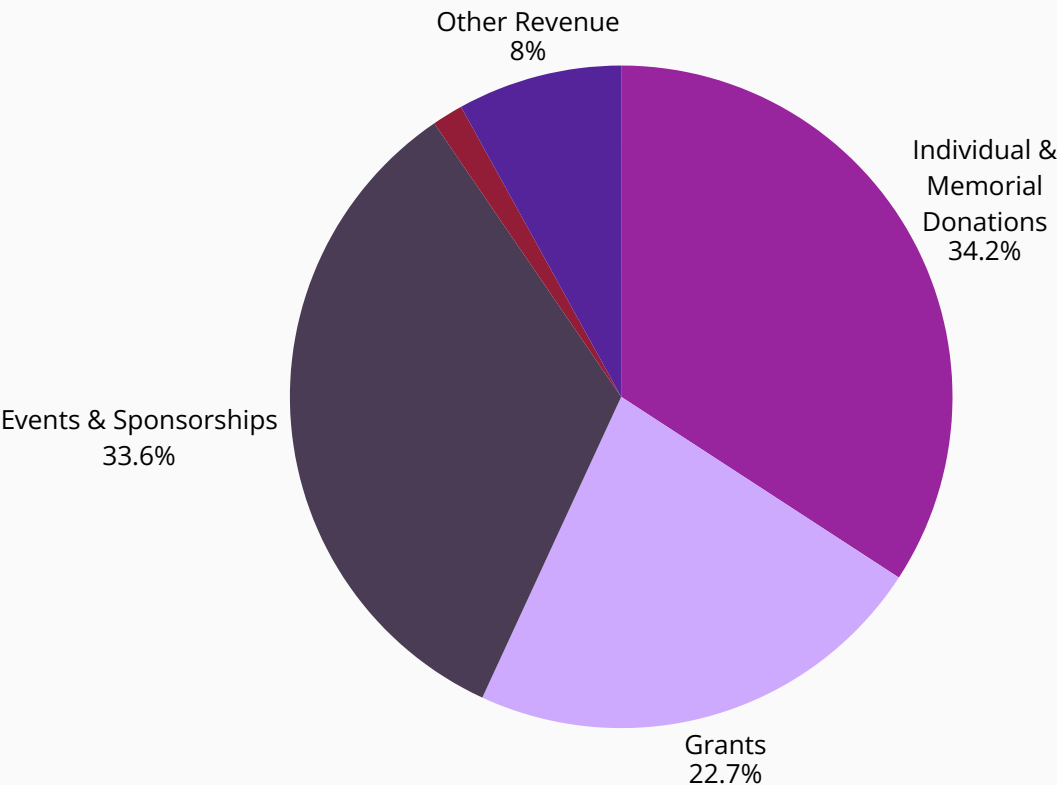
Total Spent on Programming

\$110,080

73.0%

Of Total Expenses
Spent on
Programming

- Individual & Memorial Donations
- Grants
- Events & Sponsorships
- In-Kind Donations
- Other Revenue



Sources of Revenue

Testimonials

Caregiver Cards

"The cards are a lifesaver. Now, instead of being embarrassed by my husband's behavior I can hand the person a card and they will know what is going on. It saves me from having to mouth the words 'he has dementia'."

Caregiver Companion Outings

"During these times, I truly believe the stress melts away, and we're able to simply be—surrounded by friends and people who understand and support one another. I can't thank you enough for all that you give to those of us who might otherwise feel like we're living under a cloud."



Caregiver Respite Initiative

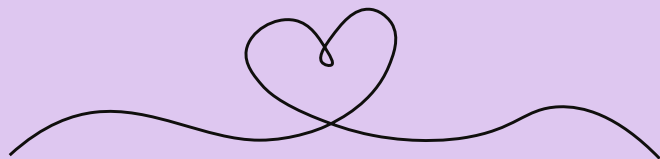
"This gift is truly one of the most thoughtful and affirming things I've received in a long time. It arrived at the end of a particularly challenging week, and it felt like a quiet but powerful reminder not to give up."

Dementia-Friendly Dining

"Our first time was at Salt and Smoke in Ellisville. I learned that Jodie and Alicia have partnered with local restaurants to train staff to be sensitive to people with dementia. Again a huge sigh of relief that I won't have to spend the time shushing or correcting my husband"



In Honor & Memory 2025



We are deeply grateful to the families and friends who chose to support The Caregiver Club® through memorial and tribute gifts during Fiscal Year 2025.

These gifts celebrate lives, honor loved ones, and help ensure caregivers receive the support and resources they need.

The following individuals were recognized through memorial tributes and honorary gifts this year. We have made every effort to ensure accurate spelling and representation of the names provided to us.



Henry A. Christopher

Margot Condie

Art Dietrich

Jackie Gable

Philip G. George

Jack Hermann

Susan Hiemenz

Francis H. Joyce

Margaret Jones

Donnie McKinnis

Lee Pelligreen

Lorraine Spreck

Jane Temanson

Martie

Our Donors

We are deeply grateful to the donors, sponsors, and partners who have invested in The Caregiver Club® and the caregivers we serve.

\$50,000+

August A. Busch III Charitable Trust

\$25,000-\$49,999

William R. Orthwein Jr. and Laura
Rand Orthwein Foundation Inc.

\$10,000-\$24,999

Mrs. Nettie Dodge
Reinsurance Group of America
The Tracy Family Foundation

\$5,000-\$9,999

Blumeyer Foundation, Inc.
Mr. & Mrs. Chad Braun
Mr. & Mrs. Beau Brauer
Daugherty Enterprises & Foundation
John Allen Love Charitable Foundation
Nestlé Purina

\$3,000-\$4,999

Mr. & Mrs. Patrick Behan, Sr.
Butler's Pantry
Mrs. Karen Condie
Mr. & Mrs. Larry Condie, Sr.
Enterprise Mobility
Mrs. Joanne Knight
Ms. Meg Shuff
Mr. & Mrs. David & Bridget Sliney
St. Charles Automotive
Stifel

\$1,000-\$2,999

Mr. & Mrs. Chris Armstrong
Assistance Home Care
Mr. & Mrs. Andy Bagy
Mr. & Mrs. Charlie Barnes
Mr. & Mrs. Andrew Baur
Mr. & Mrs. Thomas Behan
Carol Benoist
Mr. & Mrs. Don Botic
Mr. & Mrs. Theodore D. Brown
Mr. & Mrs. Gerald Carmody
Ms. Tiffany Cason
Commerce Bank
Mr. & Mrs. Andrew Condie
Mr. Parker Condie Sr.
Dr. & Mrs. Ralph Dacey
Mr. & Mrs. Kelley & Matt Danis
Docks, Inc.
Dolan Memory Care Homes
Mr. & Mrs. Edward Dowd, III
Family Partners Home
Mr. & Mrs. Tommy George
Ms. Sandra Gilligan
Mr. & Mrs. Steve Goldenberg
Grapevine Giving Foundation
Ms. Ann Groomes
Mr. & Mrs. Fred Hasner
Mr. Keir Haug
Mr. & Mrs. Fred Hawes
Mr. & Mrs. Robet Hermann
Mr. & Mrs. Tom Holland
Mr. & Mrs. Phillip Johnson
Mr. & Mrs. Wesley Jones
Katie's Pizza and Pasta
Mr. & Mrs. Tim Kaufmann
Katherine McDonnell &
Antonio Pipoli
Mr. Kevin Kennedy
Lewis Rice
Lockton
Dr. & Mrs. Nathan Mall
Mr. & Mrs. James McDonnell, III
Mr. & Mrs. Michael Michetti
Michele Forte Baur Foundation

Mr. & Mrs. Matt Mikula
Mr. & Mrs. Jason Mills
Mr. & Mrs. Ben Molland
Mr. & Mrs. Richard Mullen
Mrs. Marguerite Potter
Dr. & Mrs. Zack Ray
Mr. & Mrs. William Reisner
Richard M. Schulze Family
Foundation
Mr. John Roberts
Russell E. Browning Family
Foundation
Saint Louis Cardinals
Seniors & Company Adult Day
Services, Inc.
Sonus Benefits
Mr. & Mrs. Andrew C. Taylor
The Stude Family Fund
Mr. & Mrs. Chris Thornton
Tracy Termanson & Jim Donnelly
Transitions For Senior Living
Mr. & Mrs. Richard Walsh
Mr. & Mrs. David Weiss
Mr. & Mrs. Steve Wohlford

\$500-\$999

Anonymous
Dr. & Dr. Steve Ambler
Mr. & Mrs. Jim Alverson
CAM Printing
Mr. & Mrs. Roger Cammon
Dr. & Mrs. William Chao
Mr. & Mrs. Matthew Christopher
Mr. & Mrs. Paul Christopher
Ms. Melissa Condie
Mr. & Mrs. Stephen Doss
Mrs. Angie Filipiak
Mrs. Patricia Finney
Mr. & Mrs. Rob Fish
Mr. & Mrs. Tony Fussner
Mr. & Mrs. Ron Gorgen
Ms. Bethany Holohan
Mr. & Mrs. Eric Kittner
Mr. & Mrs. John Lemkemeier
Namaste Yoga Studio
Mr. & Mrs. Chris Nazaruk
Dr. Dawn Nichols
Prestige Custom Homes
Mr. & Mrs. Ray Renshaw
Mr. & Mrs. Brent Restemayer
Mrs. Mary Ruckdeschel
SAGE Dementia Care
Mr. & Mrs. Jeffrey J. Sawin
Mr. & Mrs. Frank Sant
Mr. Paul Schnoebelen
Mr. & Mrs. Bill Senti
Dr. Mary Smith
Ms. Bethany Springer
Mr. & Mrs. John Stupp, Jr.
Mr. & Mrs. Bruce Talen
Three Oaks Hospice
Trinity Tax Solutions
Mr. Joseph Vogt
Mr. William Wallace
Mr. Peter Warren
Mr. & Mrs. Harry Wellford
Dr. Kyle Womack

\$499-\$100

Anonymous
Mr. Edward Albrecht
Mr. & Mrs. Patrick J. Akins
Mr. & Mrs. James Allen
Ms. Melinda Ameiss
Mr. Preston Amos
Mr. & Mrs. John Andres

Ms. Betsy Baetjer
Mr. & Mrs. Walter Baetjer
Mr. & Mrs. Richard Baldwin
Dr. & Mrs. Richard Baldwin
Ms. Sabina Basovsky
Mrs. Barbara Behan-Smith
Mr. & Mrs. Patrick Behan, Jr.
Mr. & Mrs. Norman Bernahl
Mr. & Mrs. Dennis Bednarz
The Blackburn Giving Fund
Dr. & Mr. Jeff Block
Ms. Mary Kay Bloomquist
Mr. John Boettcher
Mr. & Mrs. James Bohn
Mr. & Mrs. James Bolt
Mr. & Mrs. Bill Bommarito
Mrs. Bernadette Braun
Mr. & Mrs. Hunter Brown
Mr. & Mrs. Andy Bryan
Heidi Cardwell
Mrs. Harriet Cella
Mr. Brian Chao
Dr. & Mrs. Thomas Christopher
Mr. & Mrs. Chris Chivetta
Mrs. Elizabeth Churchill
Mr. & Mrs. Parker Condie, Jr.
Blake Cundiff
Mr. & Mrs. Tom Castro
Mr. & Mrs. John Cusumano
Mr. & Mrs. Chris Danforth
Mr. & Mrs. Oman Dement
Sally Dutko
Mr. & Mrs. Scott Dutcher
Mrs. Erin Dwyer-Busch
Dr. & Mrs. Jack Eisenbieis
Mr. & Mrs. Kyle Engelhardt
Mrs. Robin Engler
Tracy Elzemeyer
Mrs. Helen Finney
Mr. & Mrs. Michael Fitzsimons
William Florent
Mr. & Mrs. James Forsen
Mr. & Mrs. Michael Frain
Mr. & Mrs. Dan Frieswick
Mr. & Mrs. Lucien Fouke, Sr.
Ms. Courtney Fusz
Mr. & Mrs. Martin Galt
Mr. & Mrs. Brian Gehl
Mr. & Mrs. Samuel Gordon
Mr. W. Ashley Gray
Mr. & Mrs. John Haffenreffer
Mrs. Stacy Hamm
Mr. & Mrs. Matthew Hall
Mr. & Mrs. Tim Hanser
Ms. Colleen Hennessey
Mr. & Mrs. Marty Hennessey
Mr. Chip Hiemenz
Mrs. Patti Holthaus
Mr. & Mrs. Sidney Holthaus
Mrs. Carlota Holton
Mr. & Mrs. Tom Horlacher
Mr. & Mrs. Andrew Huber
Margaret Jablonski
Mr. & Mrs. Mark Jackson
Mr. & Mrs. Henry Jenkins
Mr. & Mrs. Matt Jessee
Mr. & Mrs. James Johnson
Mrs. Sally Johnston
Mr. Stephen Jones
Mr. & Mrs. Meredith Jones
Patricia Joyce
Mr. & Mrs. Dominic Key
Cheryl Kinney
Ellen Lauber
Mr. & Mrs. Daniel Leary
Mrs. Cheryl Lee
Mrs. Ann Liberman

Mr. & Mrs. Ben Likens
Mr. & Mrs. Steve Lilly
Paul Loida
Ms. Jane Luby
Jayne Lynch
Mr. & Mrs. Christopher Magee
Mr. & Mrs. Keith Malone
Mr. & Mrs. John Mantovani
Mr. & Mrs. Charles Marsh
Mr. & Mrs. Art Matteotti
Kendra McNichols
Mr. & Mrs. Scott McKillip
Mr. & Mrs. Kimball McMullin
Cindy Melvin
The Mikulec Family
Mr. & Mrs. Kirk Mills
Dr. & Dr. John Morris
Dr. & Mrs. Zach Morgan
Mr. & Mrs. Mark H. Neil
Mr. & Mrs. Geoff Norbert
Mrs. Erin Northcutt
Suzi Nugent
Dr. & Mrs. Jerome O'Neil
Mr. & Mrs. Jack Oliver
Mrs. Virginia Orthwein
Mrs. Ann Paradoski
Mr. & Mrs. Tim Potter
Mr. & Mrs. Jason Raible
Mr. & Mrs. Andy & Mary Rachelski
Mrs. Patricia Reed
Mr. & Mrs. Paul Reh
Mr. & Mrs. Allison Reichart
Mr. & Mrs. John Reinberg
Mrs. Marcia Renken
Mr. & Mrs. John Ross, Jr.
Mrs. Diane Ross
Mr. & Mrs. Joseph Schlafly
Mr. & Mrs. John Schaperkottter
Mr. Greg Shank
Kitsy Sheahan
Mr. & Mrs. Brett Shelton
Mr. & Mrs. John Shepley
Mr. Patrick Shuff
Mr. & Mrs. Paul Shuff
Mary Lou Shoemaker
Mr. & Mrs. Ted Simmons
Mr. Gene Speckhals
Mrs. Barbara Stamper
Mrs. Viola Striker
Cassie Strom
Mr. & Mrs. Earl Swink
Mr. & Mrs. Matthew Temple
Dr. & Mrs. Daniel Teasley
Mr. & Mrs. Chris Thompson
Mr. Jean-Marc Thro
Mrs. Ann Travis
Mr. & Mrs. Kevin Tollefson
Mr. & Mrs. Michael Van Lokeren
Mr. & Mrs. Jeff Veitch
Mr. & Mrs. John Wallace, Jr.
Dr. & Dr. Marie Walker
Mr. & Mrs. Sean Walsh
Ms. Debby Watson
Mr. & Mrs. Peter Weigel
Ms. Eileen Wiegert
The Wednesday Club of St. Louis
Ms. Margaret Williams
Mr. & Mrs. Josh Wilson
Mr. & Mrs. Travis Wools
Mr. & Mrs. Jeff York

\$0-\$99

Anonymous
Mr. & Mrs. Mitchell Bernstein
Mr. & Mrs. Dan Benninger
Mr. Derek Bobka

Mrs. Letah Carruthers
Veronica Cross
Ms. Lucy Cruz
Mr. Aidan Cusack
Mrs. Gloria Dietrich
Jan Driscoll
EMD Millipore Corporation
Mr. & Mrs. Tom Epstein
Mr. & Mrs. Terry Erwin
Mr. & Mrs. Robert Fagin
Mr. & Mrs. Richard Ferrario
Ms. Barbara Fetter
Patricia Gaines
Mr. & Mrs. Mark Gaertner
Ms. Tamara Gearheart
Mr. & Mrs. Dale Gelven
Mr. & Mrs. Ken Grawe
Mr. & Mrs. Chris Guertin
Dr. & Mrs. C. Richard Gulick
Mark Haegele
A'biel Hammonds
Arthur Hovater
Ms. Michele Ianni
Ms. Paula Pfarr Jackson
Mr. & Mrs. Danny Johns
Maureen Kaminski
Gretchen Keller
Mrs. & Mr. Joseph Kurkowski
Ms. Dawn Sutterby Kiu
Christa Longtin
John MacLennan
Ms. Beverly Mann
Mrs. Ellen Mannino
Mr. David Martin
Mr. Kevin Marks
Ms. Sheila McCarthy
Ms. Lauren McMillan &
Mr. John
Ms. Monica Melroy
Vanessa Moore
Michelle Mumm
Tanya Nagahiro
Mrs. Judy Neely
Kelly O'Brien
Mary O'Brien
Janet Parker
Heather Paule
Wanda Pelloquin
Ms. Marci Potter
Nick Rega
Ms. Joslyn Richardson
Mr. Stephen Scates
Ms. Jamilyn Schroyer
Mr. & Mrs. Robert Shafer
Karen Stebelski
Mrs. Judy Waltz
Robert Vaught
Barb Vostmyer

Looking Ahead



As we look to the future, The Caregiver Club® stays committed to expanding our impact and reaching more caregivers both in the St. Louis region and across the country. We hope to increase respite funding for caregivers, grow our Dementia-Friendly Dining partnerships, host more caregiver-companion events, and distribute even more Caregiver Cards to communities nationwide. Through continued advocacy, and support, we will keep spreading our mission of empowering caregivers. Our goal is always to reduce the stigma surrounding dementia and create a more compassionate world for individuals living with memory loss and those who care for them.

Board of Directors

Co-Presidents

Jodie Finney
Alicia Christopher

Secretary

Alicia Christopher

Treasurer

Ethan Oetter

Board Members

Meg Shuff
Allie Christopher
Tammy Walsh
David Weiss
Dr. Kyle Womack
Grace Mikula
Fred Hawes
Diane Shank



Contact Us



The Caregiver Club®

info@thecaregiverclub.org

Email

<https://thecaregiverclub.org/>

Website

@thecaregiverclub

Instagram

The Caregiver Club

Facebook/LinkedIn

The Caregiver Club®

P.O. Box 8343

Olivette, MO 63132